



**NORTH PARK
UNIVERSITY**
CHICAGO

**CONTINUING EDUCATION WORKSHOPS
FOR PROFESSIONAL COUNSELORS**



Looking to enhance your counseling skills?

The School of Professional Studies at North Park University is offering three Continuing Education (CE) workshop opportunities throughout the spring 2023 semester for mental health professionals seeking to expand their skills. Continuing Education Units—required by the Illinois Department of Professional Regulation—are available for Licensed Professional Counselors and Licensed Clinical Professional Counselors.

PRICING:

- ▶ CMHC site supervisors: Free
- ▶ NPU students, staff, faculty, and alumni: \$15.00
- ▶ Non-NPU affiliates: \$30.00

LIVING SINGLE-FULLY

February 18, 2023: 9 am–12 pm

**Led by Elizabeth Pierre, PhD, LPC Associate
Professor of Pastoral Care and Counseling**



REGISTER

Approximately 50% of the population is single, meaning half of our clients are single! Some individuals relish this, and others struggle with wanting to be in a romantic relationship. This tension often emerges in their presenting problems. The Living Single-Fully workshop will discuss how we can support and care for our clients as they navigate their relationship status in a society that still believes romantic love is fundamental for a full and rich life.

SEEKING MENTAL HEALTH USING A SPIRITUAL LENS

March 25, 2023: 9 am–12 pm

**Led by Daisy Santiago, MSW, LCSW Former Director,
North Park University Counseling Center**



REGISTER

This workshop will teach participants how to counsel women whose spiritual identity is foundational to their health. What extenuating variables come up in counseling women of faith that can impact service delivery? For example, how can we use cultural and ethnic faith factors as strengths in therapy? How does a counselor utilize their client's faith as a platform to build a strength-based approach to treatment?

EMERGING TRENDS IN GRIEF COUNSELING

April 22, 2023: 9 am–12 pm

**Led by Michael DeVries, PhD, LCPC Clinical
Psychologist, Professor of Counseling**



REGISTER

The reality of loss and the emotional consequences manifested in grief reactions are universal human experiences that, at times, acquire clinical significance. The Emerging Trends in Grief Counseling workshop will examine when grief reactions become the focus of counseling and explore various treatment approaches to prolonged grief.

Participants will discuss the role of spirituality in the counseling process for clients surviving loss and living with grief. The workshop will critically examine psychoanalytic and stage models of grief and emerging perspectives on the reality of ongoing relationships with lost loved ones. Participants will also analyze examples from clinical practice in small group discussions.



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